



Debtors Anonymous Fact Sheet

- Debtors Anonymous (DA) is a 12-step program based on the traditions of Alcoholics Anonymous and is a non-profit organization.
- DA offers a program of recovery that works for people who compulsively debt, under-earn or overspend.
- In DA meetings, members share their experience, strength and hope.
- Debt is like alcohol for the alcoholic, food for the compulsive eater and gambling for the compulsive gambler.
- Many debtors are thousands of dollars in debt to credit card companies, student loans or to family members.
- Some are not in debt, but have no control over the spending.
- Some are capable of earning, but find themselves in underpaying situations that cause financial difficulties.
- DA offers hope for people who debt or under-earn or for those whose problem spending has caused suffering in their lives and the lives of others.
- DA offers a program of recovery that works for people who compulsively debt.
- In DA meetings, members share their experience, strength and hope.

Call (805) 765-1610 for more information.