

SB Debtors Anonymous Tuesday Meeting Format

---Start the meeting promptly at 6:00 pm---

(Let the timekeeper know how you want your 5 minutes (3 mins with a 2 min warning or 4 mins with a 1 min warning)

“Hello and welcome to the Tuesday night meeting of Debtors Anonymous. My name is _____ and I am a _____.

For those who care to join me in the Serenity Prayer:

“God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.”

Preamble

Debtors Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from compulsive debting.

The only requirement for membership is a desire to stop incurring unsecured debt. There are no dues or fees for D.A. membership; we are self-supporting through our own contributions. D.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stop debting one day at a time and to help other compulsive debtors to stop incurring unsecured debt.”

Are there any newcomers here tonight? (If so, ask them to unmute and identify themselves) We welcome you to the meeting. If you have any questions, you are welcome to stay on the line after the meeting and speak with our newcomer greeter _____ who will now recognize anniversaries (turn over to the chip person).

Is there anyone with 30 days...60 days...90 days...6 mos...9 mos....Any Anniversaries? (Newcomers only on business meeting night)

I've asked _____ to read 12 Steps of Debtors Anonymous.
I've asked _____ to read 12 Traditions of Debtors Anonymous.
(Optional 3rd Reading) I've asked _____ to read _____.

Now I will qualify for 5 minutes on the topic _____.

---After your share---

We are now at that part of the meeting where we share our experience, strength, and hope with each other. We observe two guidelines throughout this meeting:

1. Because time management is a major recovery issue for many compulsive debtors, each member limits sharing to 3 minutes. A timer will sound when 2 minutes have passed leaving 1 minute to wrap up.

2. We avoid crosstalk, which is any reference, whether positive or negative, to the sharing of another person. It is also defined as advice-giving or directly commenting on another member's share.

To share, click "reactions" then click "raise hand" to post the hand and the leader will call on you.

The meeting is now open for sharing until 6:50 pm (6:40 on business mtg night). Tonight's topic is _____.

--At 6:50---(6:40 on business mtg night) "It is now time to end our meeting. Thank you everyone for sharing."

Among the 12 Tools of Debtors Anonymous are Sponsorship and Pressure Relief Meetings. A sponsor is a recovering debtor who guides you through the 12 Steps and shares his or her own experience, strength and hope. A pressure relief group consists of you and two solvent members of DA. The group meets periodically in a pressure relief meeting to review your financial situation and help you formulate a spending plan and/or action plan.

If you have questions about sponsorship or PRG meetings, we encourage you to speak with someone after the meeting.

Are there any secretary announcements?

Are there any other DA announcements?

I have asked _____ to read the 12 Promises of DA.

Thank you for letting me be of service tonight. Feel free to stay on the line if you would like to fellowship after the meeting.

After a moment of silence for the debtor who still suffers, please join me in the _____ prayer (choose a prayer).